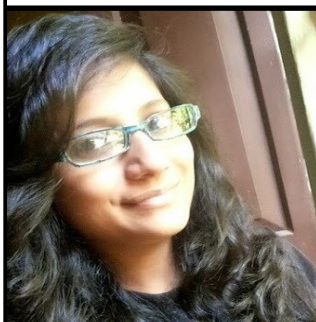


New Faculty of the Department

Undergraduate Department of



Dr. Golda Vaz has been an ex-student of Chowgule College and done her PhD. from Karnatak university Dharwad. In 2015.



Ms. Barbara Da Silva is a post graduate in Clinical Psychology from Bangalore University. She has handled an international project at Tata Memorial Hospital-Mumbai.

Postgraduate Department of Psychology.

Ms. Shobhika Jaju, is a clinical psychologist practicing at her private clinic - Silver Linings: Guidance & Counselling. She conducts workshops on topics related to mental health for students, teachers, parents and corporate offices. She also writes for several print and online media. She is an international affiliate of the American Psychological Association, member of the Global Movement for Mental Health, & Bombay Psychological Association.



Ms. Rochelle Pereira is clinical psychologist practicing in a private set up for the last 8-9 years. She does psychometric testing and psychotherapy for all age groups. She has conducted a number of workshops. She is currently working on an awareness campaign for child sexual abuse. She handles the Need based Modules of the Post Graduate Department of Psychology.

Upcoming Events

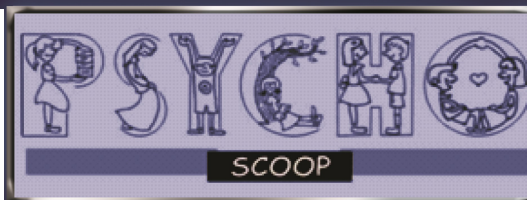
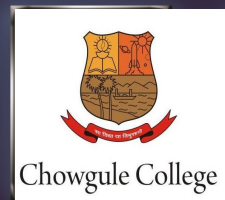
Discussion Forum on Underachievers—'From Caterpillar to Butterfly' on 27th August, 2016.
Screening of 'A Beautiful Mind' on 20th August, 2016
Field visit to Sethu—Family and Child Development Center and to Kripa Foundation—rehabilitation center on 16th September, 2016.

Editorial Board

Mrs Sobita Kirtani
Mrs. Kavita A. Borker

Disclaimer: The opinions and news appearing herein are those of the Editor and not of the Principal.

If you have any contributions or suggestions feel free to **contact us at** psychology@chowgules.ac.in



Department of Psychology, Parvatibai Chowgule College, Margao –Goa

Mater's Program in Child Psychology & Child Development

The Department of Psychology is proud to announce the commencement of Mater's Program in Child Psychology & Child Development from July 2016. This program in psychology is driven by its core objective to equip the students with in-depth knowledge and expertise. The syllabi have been specially designed to bridge the gap between education and industry. With major emphasis on skill based courses, the M.A. Program intends to train and equip counsellors who are capable of dealing with any

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Inside:

Page 2: Editorial Mater's Program....
Need Based Modules
Page 3: Career Talk
Guest Lecture
Hira Wagh Awardee—Ms. Tanya Keni
Page 4: New faculty of the Department
Upcoming Events

Congratulations Ms. Tanya Keni for winning the prestigious Hira Wagh Award in 2016. The Department is proud of



Need Based Modules by the Post Graduate Department of Psychology

The Post Graduate Department of Psychology conducts Need Based Modules (NBM) for students. These are specially designed to empower students in various areas as per their expressed need. The modules encompass more of practical oriented activities along with some theory. The department has conducted two NBMs....self-confidence and anger management with great reviews

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Career Talk by Vaishnavi Hegde — Counsellor By: Sumedha More T.Y.B.A.

The Department of Psychology organized a talk by Ms. Vaishnavi Hegde on Career Counseling on 30th July.. Ms. Hegde did not just speak about the Career prospects in the field of Psychology but also

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Guest Lecture on Human Genetics by Dr. Nandini Vaz Report by: Jumana Khan and Roma Prabhudessai S.Y.B.A.

On 28th July and 3rd August 2016, the Department of Psychology had guest lectures for the students of SYBA in Child Psychology by a resource person, Dr. Nandini Vaz Fernandes, from the Zoology Department of Parvatibai Chowgule College of Arts and Science on "Chromosomal Abnormalities".

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Editorial By Mrs. Sobita Kirtani svk004@chowgules.ac.in		Mater's Program in Child Psychology & Child Development	
<p>Today's generation known as the 'natives of technology' are born with skills to handle technology. Even a two years old child can use mobile phones with ease. Internet surfing is the most frequent activity engaged in after social networking. Recently I was invited as a judge for an elocution competition in Manovikas School. Students across Goa had participated in the same. While it was heartening to see the confidence in these children, I was rather saddened to see how young kids do not use their own skills and creativity rather relying completely on information provided by internet sources. Students had copied sentences and phrases as also entire speeches from the internet. Internet sources need to be used only as a guide, as provider of information. It is for us to make use of this information creatively and present the same. Students often submit assignments that are nothing but a 'copy-paste job'. Beyond ethical issues such as plagiarism children need to be taught and encouraged to apply their knowledge. Indian system of education is criticized for imparting rote learning. With the power of internet, youngsters believe that</p>		<p>they can do almost anything. But they fail to realize that it is only shallow display of knowledge. In their own lingo 'fake depth'. Do we want to create a breed of copy machines? Is it not our responsibility then to impart these values to our children?</p> <p>It gives me immense pride that Chowgule College makes students aware of their duty to use this information responsibly. It is what they learn here that will make them responsible citizens of India and responsible e-citizens. I hope this trend though is copied by all educational institutes in Goa!</p>	
		<p>situation pertaining to children. The 80 credits course emphasizes on experiential learning with focus on research, case study method and internship. The course comprises of IV semesters with mix of core and elective papers with a blend of theory and practicals. To gain skills and practical knowledge, the student will be exposed to various field trips, institutions working in the area of Child Development and will have experiential learning through various case studies.</p> <p>Career Prospects This course will help students gain employment as school counselors, work in NGOs, set up own clinic, work in remand homes, counselling centers and child guidance clinics.</p>	
		<p>Need Based Modules by the Post Graduate Department of Psychology Contd. From pg 1</p>	
		<p>and student demand for more modules. The next NBM on 'Time Management' will begin shortly.. Due to heavy demand, an NBM on an orientation to parapsychology has also been done. The NBM is open to anyone, from any stream. It is spread over a two week period with 4 classes of one hour each. The cost of one NBM including materials is Rs 500/ per participant. Classes are held at the college itself. On successful completion the participant is awarded a certificate. Interested students can contact Mrs. Kavita Borker, Head of Psychology Department or Ms. Rochelle Pereira, incharge of NBM.</p>	

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Guest Lecture on Human Genetics by Dr. Nandini Vaz Contd. From pg 1		Hira Wagh Awardee—Ms. Tanya Keni	Career Talk by Vaishnavi Hegde—Counsellor Contd. From pg 1
<p>Dr. Nandini has been teaching for the past 14 years and has published a number of research articles in international journals and has received an award from the College for the same. She is also the founder of the Chowgule's Birder's Club. Dr. Nandini, spoke about how chromosomal abnormalities can be classified into structural and numerical abnormalities. She also spoke about the different types of abnormalities that fall under these and the symptoms of the same. She helped us understand the scientific reasons behind the superstitions that people hold. She explained the different concepts in simple terms. Her Power Point Presentation was colorful, and consisted of a number of visual aids and activities which made this lecture lively and interactive. She cleared the doubts raised by the students. Students of the Psychology department would like to thank Dr. Nandini Vaz for her precious time and would truly love to attend more lectures conducted by her. They would also like to thank Mrs. Kavita Borker, the H.O.D of psychology department for organizing these talks .</p>		<p>Ms. Tanya Keni has been a meritorious student securing highest marks in all the six semesters. She has 07 paper publications in international journals to her credit. Participating in every event of the Department she has been awarded best student of the year award in all the three years. She has completed the Honours course as also participated in Need Based Modules. Her achievement of the Prestigious Hira Wagh Award has made the Department very proud.</p>	<p>shared her experiences from her days as a young job hunter and guided us students through our time of confusion and self doubts. Her experiences assured us that it is okay to not know what we want from life, ito be confused, try out a lot of things in order to get to know ourselves better and find out what is our calling as each of us is gifted by a talent, by certain qualities, by a passion that gives us a sense of fulfillment. Ms. Vaishnavi Hegde's talk was a soul searching experience. It was about understanding the ground level difficulties that we might have to go through while looking for a job in the field of Psychology. She spoke about how the profession of a counselor is one of great responsibilities because clients trust you with their darkest and the most private feelings or events of their lives which need to be kept confidential,. and about how the professionalism needs to be maintained while having a cordial relationship with your client at the same time. Ms. Hedge advised to constantly keep ourselves busy by engaging into various activities which will help us understand our strengths and capabilities and will eventually redirect us on the path of a suitable and fulfilling career.</p>
			
		Dr. Nandini Vaz and Mrs. Kavita Borker	
		Below: Ms. Vaishnavi Hegde—Counsellor addressing students	
			